

Jones Beach Bike Path

2.3 Miles to Field 1

A recently completed paved path to the Boardwalk. Check out the recently built birding platform and the walkway by the old nature center!

Main Loop Trail

2.4 Mile Loop

A sand path from the West End bathrooms and showers down to the ocean. See the Jones Beach Jetty and the inlet. A popular choice for birders!

East Beach Trail

.5 Miles One Way; 1 Mile

Total

A straight shot down to the ocean from the Energy & Nature Center featuring primary and secondary dunes. The beach has lifeguards on weekends over the summer!

Short Loop Trail

.6 Mile Loop

A mostly sand trail featuring all of our favorite native plants like Bayberry and Goldenrod!

Center Aisle Trail

.5 Miles One Way; 1 Mile

Total

A less popular sand trail down to the ocean! Spot Ospreys or Northern Harriers flying above you and sit on one of the quietest beaches in the park.

Don't Forget

- Bring water, sunscreen, and bug spray
- Stay on the paths and off of the dunes
- No pets are allowed at Jones Beach State Park
- Keep your distance from wildlife
- Check for ticks!

West End Trails

Jones Beach State Park

West End 2

Open Sunrise - Sunset





Coast Guard Station

Boat Basin

Jones B

Bike Path

Jones Beach Energy & Nature Center

Bathrooms and Showers

Birding Platform

Main Loop

Main Loop

Short Loop

East Beach Trail

Center Aisle

Main Loop